

## SANDWICHES

(available daily)

Peanut Butter and Grape Jelly  
Plain Peanut Butter  
Plain Grape Jelly  
American Cheese



## LARGE GARDEN SALAD

(available daily)

Lettuce, cucumbers, carrots, bell peppers,  
cauliflower, broccoli, celery, tomatoes  
and more!

Variety of Dressing (regular & low fat)

## FRESH FRUIT

(available daily)

Apples, Bananas, Peaches, Plums,  
Pears, Nectarines, Watermelon  
and more!

Fruit selection is based on the best  
looking produce available.

## BEVERAGES

(available daily)

Ice Water, Lemonade, Fruit Punch,  
Iced Tea (Regular & Diet),  
Milk and Chocolate Milk

## DESSERT

(served daily after lunch)

Fresh fruit, jello, pudding or a  
special treat!

(desserts change daily)

## AFTERNOON SNACKS

Variety of Ice Cream or Ice Pops, Chips,  
Cookies and More!

(snacks change daily)

## FOOD ALLERGIES

Special items are available to meet  
the needs of all children!

Monday	Tuesday	Wednesday	Thursday	Friday
June 23 Tuna Hoagie Potato Sticks	24 Hot Turkey Sandwiches Mashed Potatoes	25 Pasta and Sauce Tossed Salad Bread & Butter	26 Tacos Fresh Veggies	27 All Beef Hot Dogs Potato Chips
30 Ravioli Tossed Salad Bread & Butter	July 1 French Toast Sticks Fresh Fruit	2 Pizza on a Bun Tossed Salad	3 All Beef Hot Dogs Potato Chips	4 Happy Holiday
7 Macaroni & Cheese Tossed Salad	8 BBQ Chicken Legs Corn Bread & Butter	9 Assorted Wraps Potato Chips	10 Italian Hoagies Potato Sticks	11 All Beef Hot Dogs Potato Chips
14 Steak Sandwiches Potato Chips Pickles	15 Grilled Hamburgers Potato Chips Pickles	16 Grilled Cheese Chicken Noodle Soup	17 Chicken Patties Green Beans	18 All Beef Hot Dogs Macaroni Salad
21 Meatball Sub Tossed Salad	22 Hot Turkey Sandwiches Mashed Potatoes	23 Tacos Fresh Veggies	24 Hot Dogs Corn Dogs Potato Chips	25 Baked Ziti Tossed Salad Bread & Butter
28 Italian Hoagies Potato Chips	29 Grilled Hamburgers Potato Chips Pickles	30 Variety Sandwiches Potato Sticks	31 Tuna Hoagies Potato Chips	Aug. 1 All Beef Hot Dogs Baked Beans
4 Steak Sandwiches Potato Chips Pickles	5 Pizza Caesar Salad	6 French Toast Sticks Fresh Fruit	7 Chicken Patties Green Beans	8 All Beef Hot Dogs Potato Chips
11 Pizza on a Bun Tossed Salad	12 Grilled Cheese Chicken Noodle Soup	13 Ravioli Tossed Salad Bread & Butter	14 <b>CHUCK WAGON</b>	15 All Beef Hot Dogs Potato Chips



## GOOD QUALITY AND GOOD SERVICE

Camp America is proud to offer our campers and staff the freshest ingredients every day. Our "Serve Safe" certified staff is dedicated to providing a delicious hot meal daily, which is always served with a smile!



## DIETARY RESTRICTIONS

Dietary restrictions are overseen by a specialized food service staff member along with your child's Division Leader.

It is our mission to make sure that every child eats a well-balanced meal that they enjoy daily!



## Lunch Menu 2014



Camp America Day Camp  
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